

Somerset High School Breakfast

Monday

Choice of 1 Whole Grain Cereal
Choice of 1 Whole Grain Strawberry Pop Tart
Apple or Orange Juice
Fruit
Choice of Milk
OR
1 Fruit Smoothie
1 Graham Snack

Wednesday

Choice of 1 Whole Grain Cereal
OR
Breakfast Pizza
Apple or Orange Juice
Fruit
Choice of Milk

Friday

Choice of 1 Whole Grain Cereal
And Biscuit
OR
Sausage Biscuit
Apple or Orange Juice
Fruit, Choice of Milk
OR 1 Fruit Smoothie & Graham Snack

Tuesday

Choice of 1 Whole Grain Cereal
Cinnamon Sugar Donut Holes
Apple or Orange Juice
Fruit
Choice of Milk
OR
1 Fruit Smoothie
1 Graham Snack

Thursday

Choice of 1 Whole Grain Cereal &
1 Biscuit
OR
Scrambled Eggs & Ham Slice
& Biscuit
Apple or Orange Juice
Fruit, Choice of Milk

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992.

Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.