

OCTOBER | 2021

Somerset High School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	1 Cheese Quesdilla Or Beef & Bean Burrito Whole Kernel Corn Brown Rice, Salsa Fresh Veggie Bar Frozen Fruit Cup Assorted Fruit & Milk
4 No School Fall Break	5	6	7	8
11 Cheeseburger Or Spicy Chicken on bun Sandwich Toppins Tater Tots, Baked Beans Fresh Veggie Bar Assorted Fruit & Cold Milk	12 Ham & Pineapple Or Gen. Tso Chicken Brown Rice, WG Roll Steamed Veggie Blend Buttered Peas, Veggie Bar Choice of Fruit & Milk	13 Pork Roast & Gravy Or Salisbury Steak & Gravy Mashed Potatoes Buttered Carrots Green Beans, Roll Fresh Veggie Bar Choice of Fruit & Milk	14 Cheese Pizza Or Pepperoni Pizza Whole Kernel Corn Steamed Broccoli Fresh Veggie Bar Assorted Fruit & Milk	15 BBQ Rib Sandwich Or Turkey & Cheese Wrap Pickle Spears, Tater Tots Fresh Veggie Bar, Slaw Frozen Fruit Cup Choice of Fruit & Milk
18 Fish Sandwich Or Cheeseburger on bun Sandwich Toppins Tater tots, Cole Slaw Baked Beans Assorted Fruit & Milk	19 Cheese Ravioli Or Spicy Chicken Tenders Whole Kernel Corn Steamed Broccoli, Roll Fresh Veggie Bar Choice of Fruit & Milk	20 Corn Dog Or BBQ Chicken on bun Baked Chips Vegetarian Beans Sweet Potato Puffs Fresh Veggie Bar Choice of Fruit & Milk	21 Little Caesars Pizza Or Ham & Cheese Wrap With Pickle Spears Whole Kernel Corn Baby Carrots & Dip Fresh Veggie Bar Choice of Fruit & Milk	22 Turkey & Gravy Or Salisbury Steak & Gravy Mashed Potatoes Green Beans, Roll Buttered Carrots Fresh Veggie Bar Choice of Fruit & Milk
25 Ham & Pineapple Or Spicy Chicken Tenders Steamed Broccoli, Roll Macaroni & Cheese Green Beans, Veggie Bar Choice of Fruit & Milk	26 Cheese Pizza Or Pepperoni Pizza Whole Kernel Corn Steamed Broccoli Fresh Veggie Bar Assorted Fruit & Milk	27 Baked Meatloaf Or Salisbury Steak & Gravy Mashed Potatoes Green Beans, Roll Buttered Sweet Peas Fresh Veggie Bar Choice of Fruit & Milk	28 Fish Patty on bun Or Grilled Chicken Sand. Sandwich Toppins Tater Tots, Cole Slaw WG Cookie, Veggie Bar Assorted Fruit & Milk	29 Cheese Quesdilla Or Gen. Tso Chicken & Roll Brown Rice, Carrots Roasted Vegetable Fresh Veggie Bar Choice of Fruit & Milk

News
THIS INSTITUTION
IS AN EQUAL
OPPORTUNITY
PROVIDER.

Breakfast is served
each morning.
Please join us for
breakfast